

CUT OUT EACH BANDAID AND PLACE INTO A BOWL. FAMILY MEMBERS TAKE TURNS BEING THE LEADER. THE LEADER BLINDLY CHOOSES A BANDAID & AFFIXES TO THE DISCUSSION SHEET. THE LEADER SHARES EXAMPLES OF TIMES THEY FELT THIS WAY AND WHAT THEY NEED OR WHAT THEY CAN DO ABOUT IT. DISCUSS WHILE LEADER WRITES ANSWERS ON EACH SHEET.

THE BANDAID GAME!

CONFUSED

SCARED

SAD

UNDERSTOOD

CONFIDENT

ANNOYED

EMBARRASSED

ANGRY

EXCITED

CONTENT

FRUSTRATED

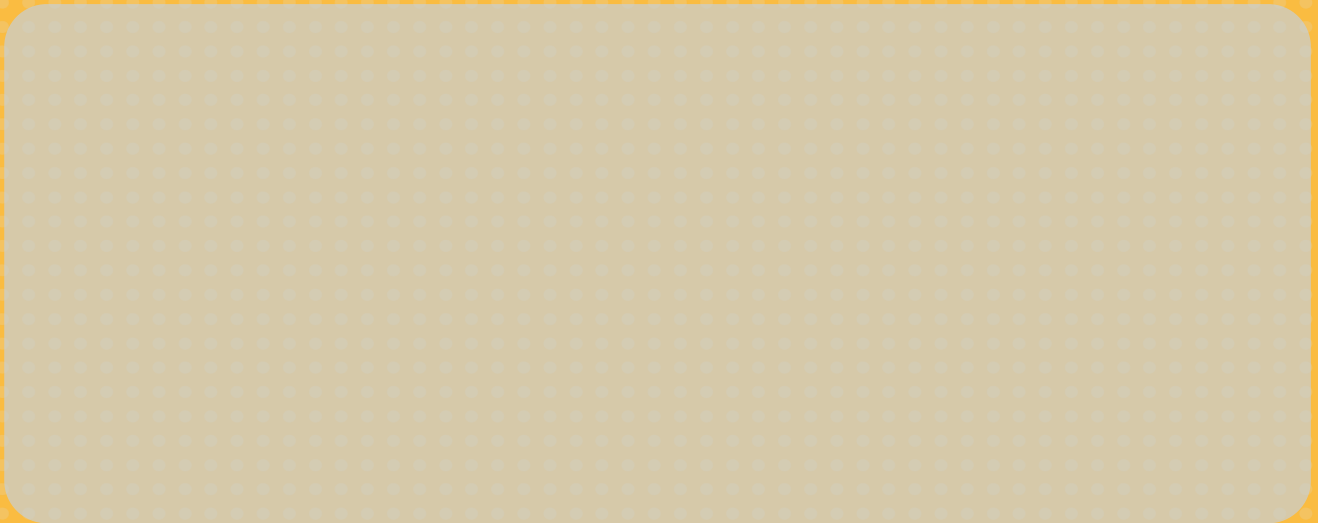
SILLY

PROUD

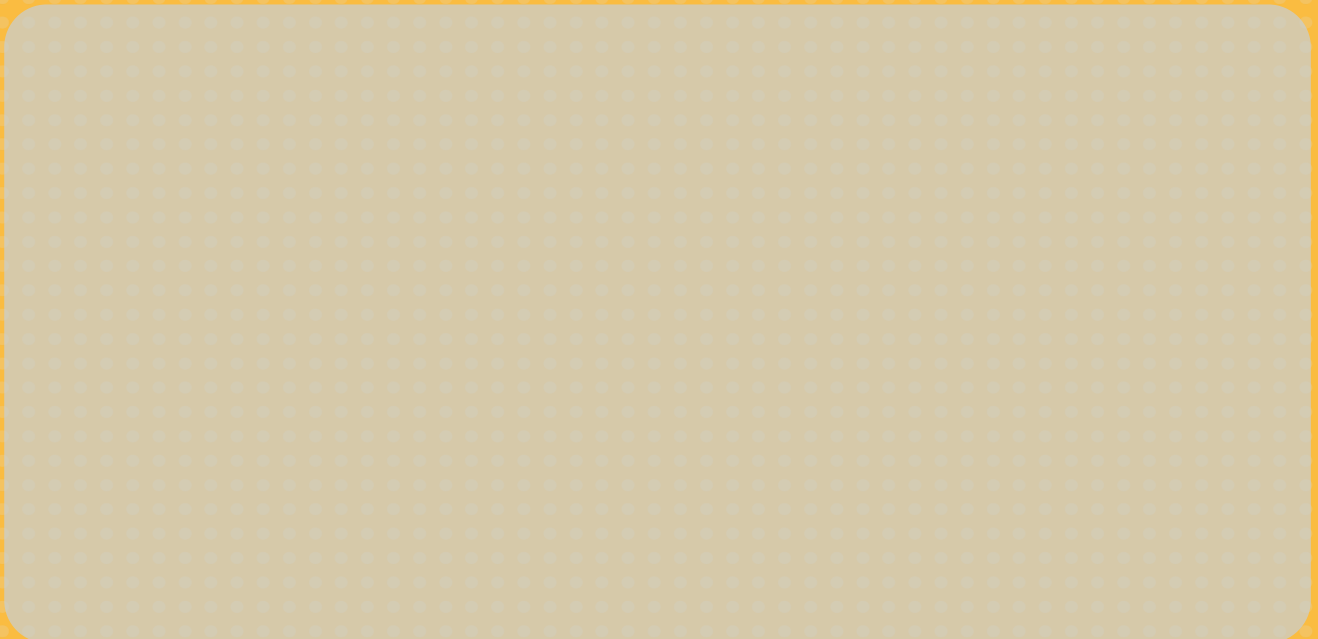
LONELY

**TAPE FEELING
BANDAID HERE**

**WRITE HERE: TIMES WHEN
YOU'VE FELT THIS WAY**

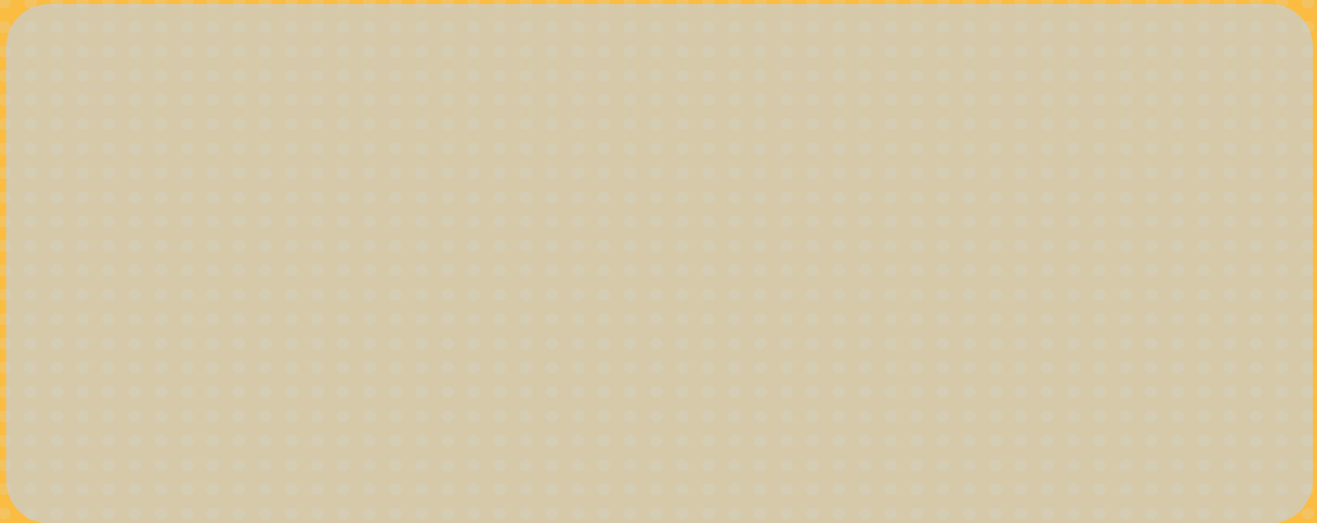


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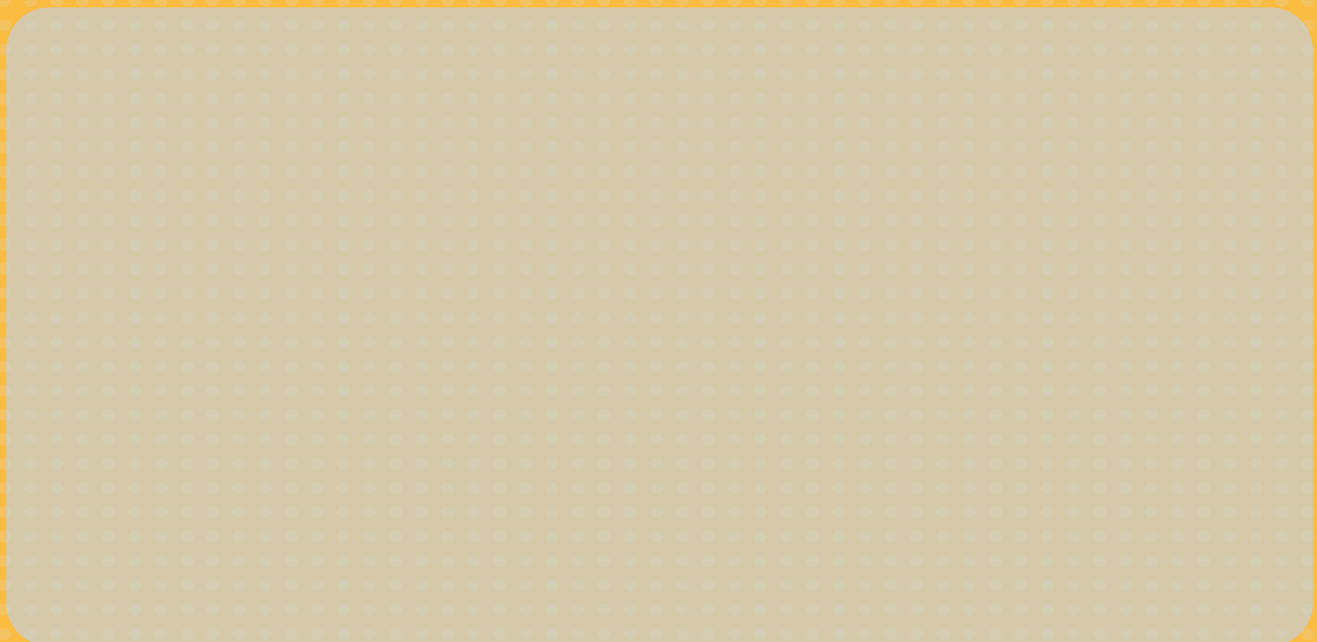


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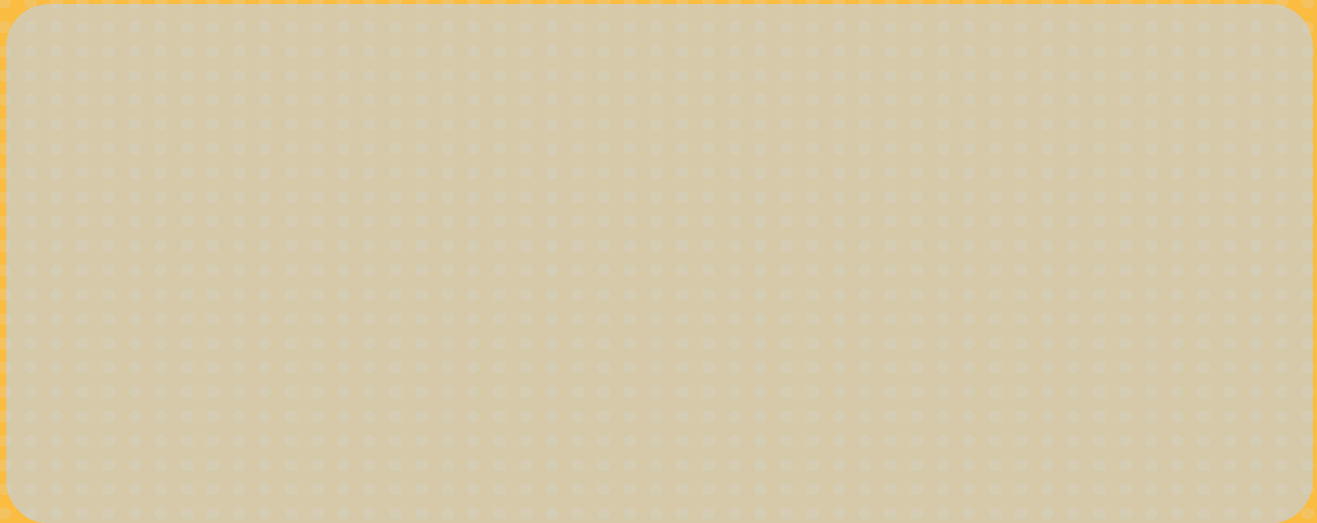


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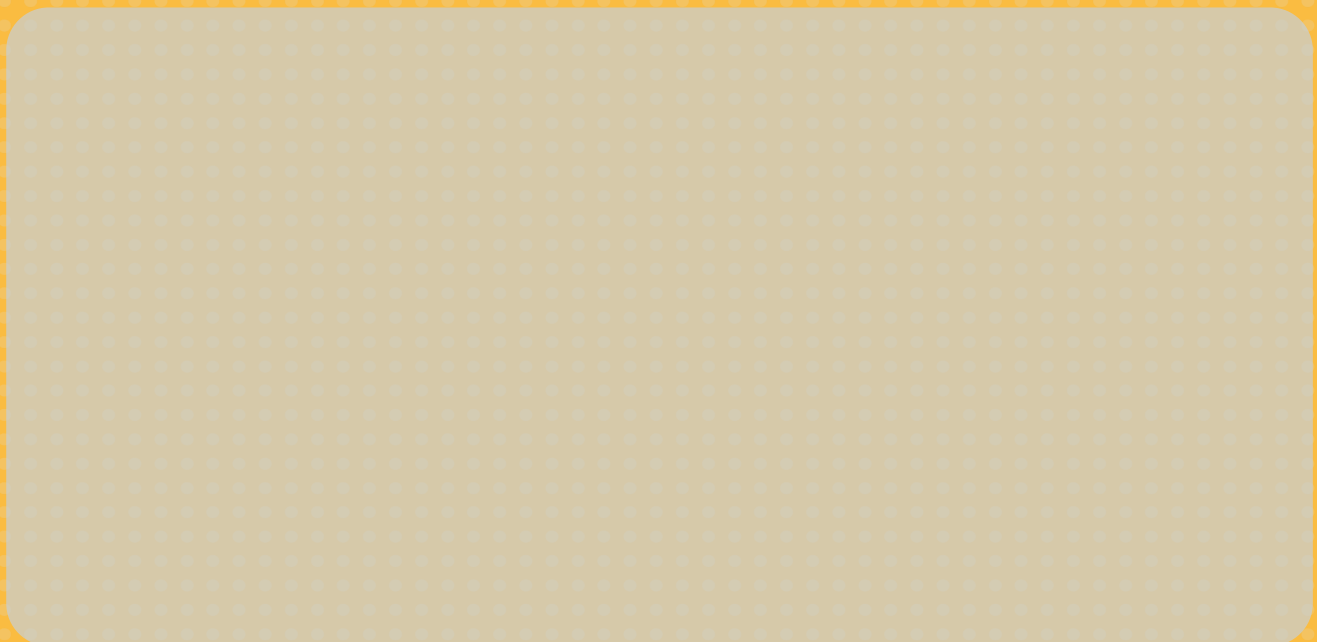


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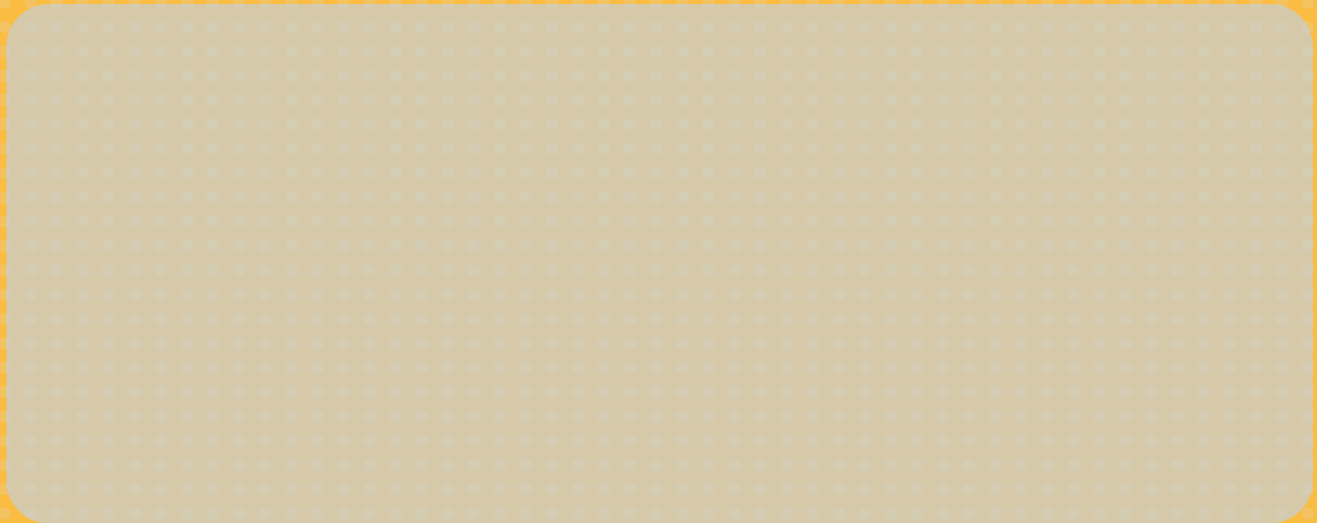


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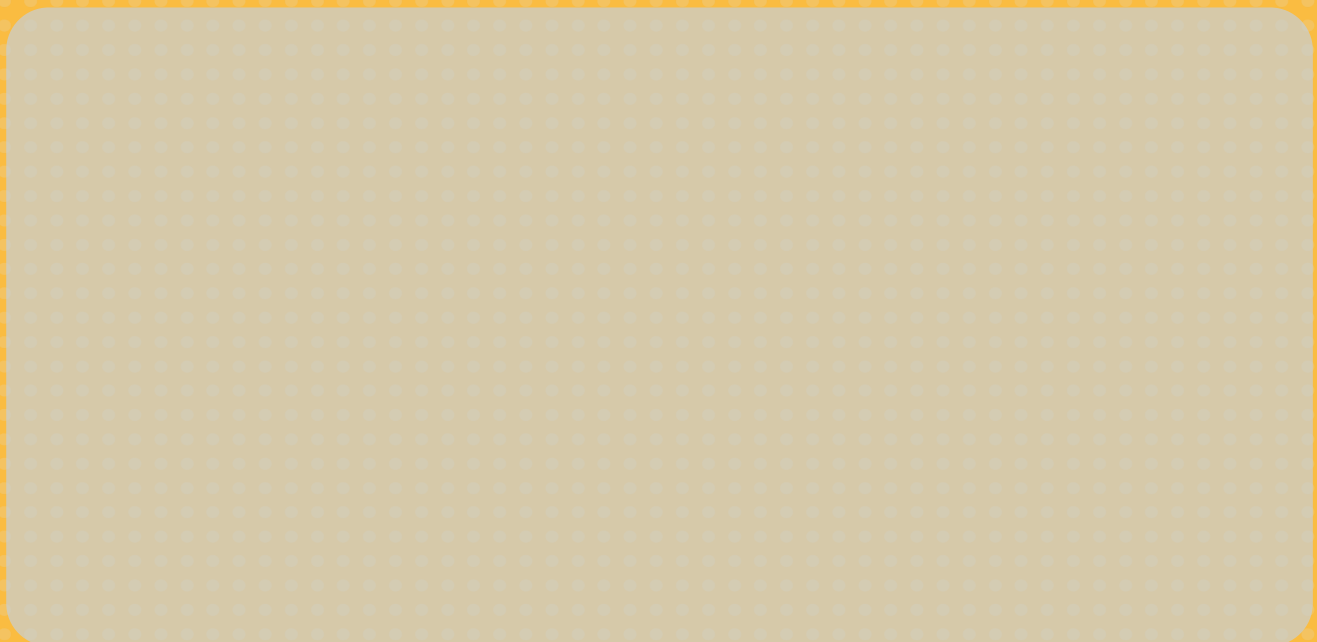


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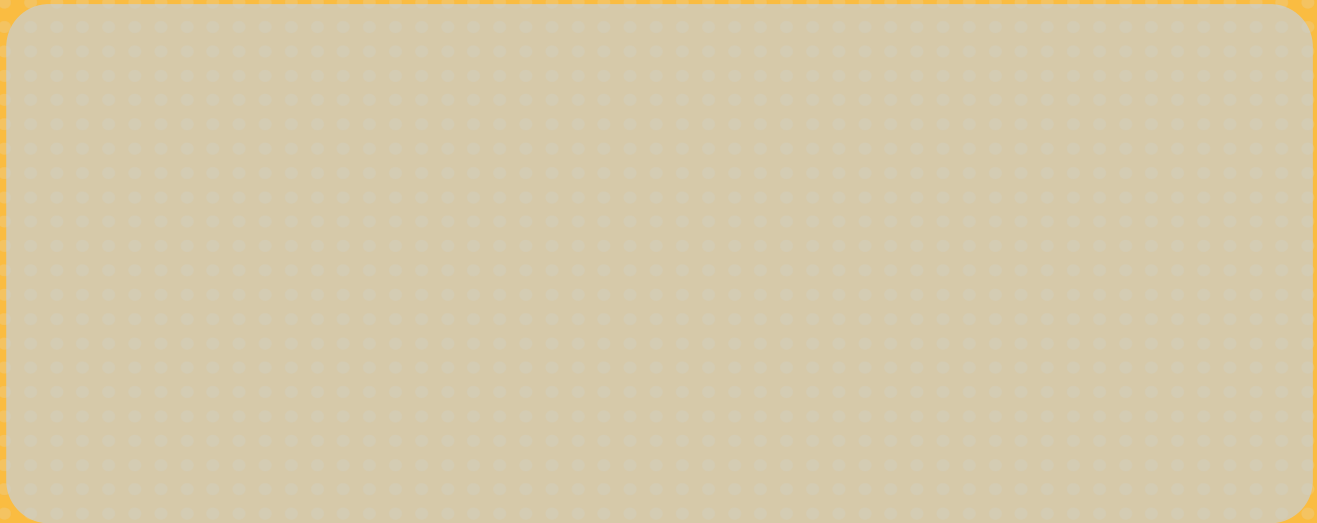


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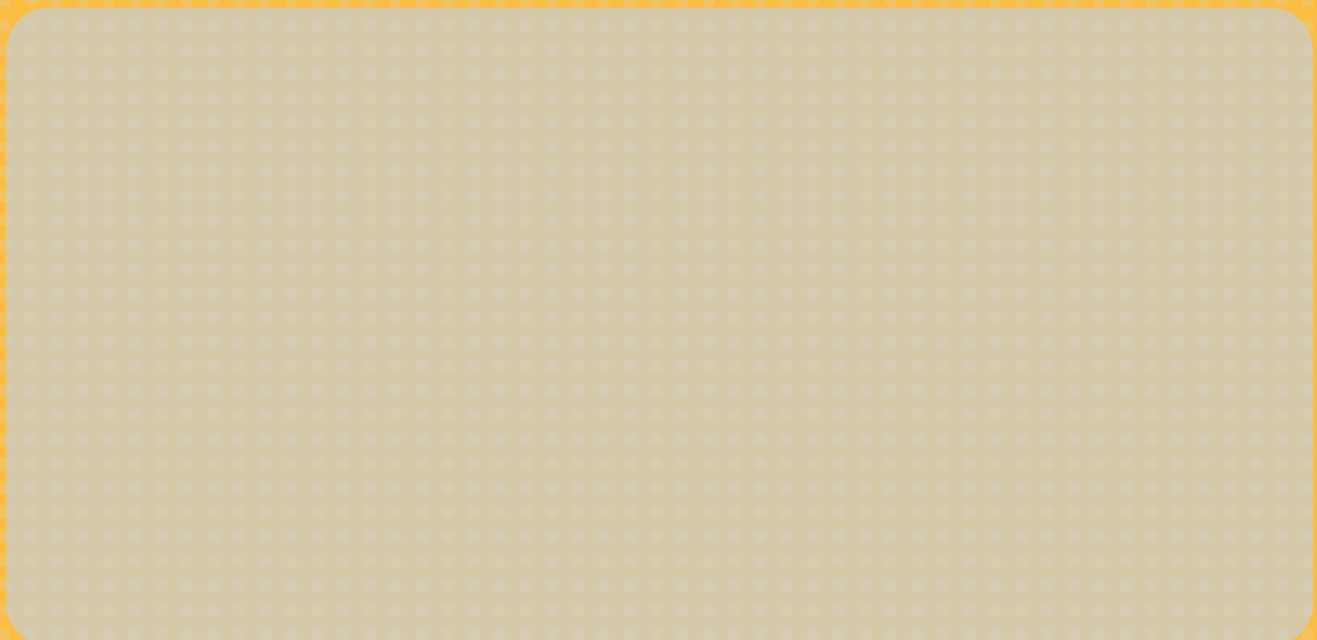


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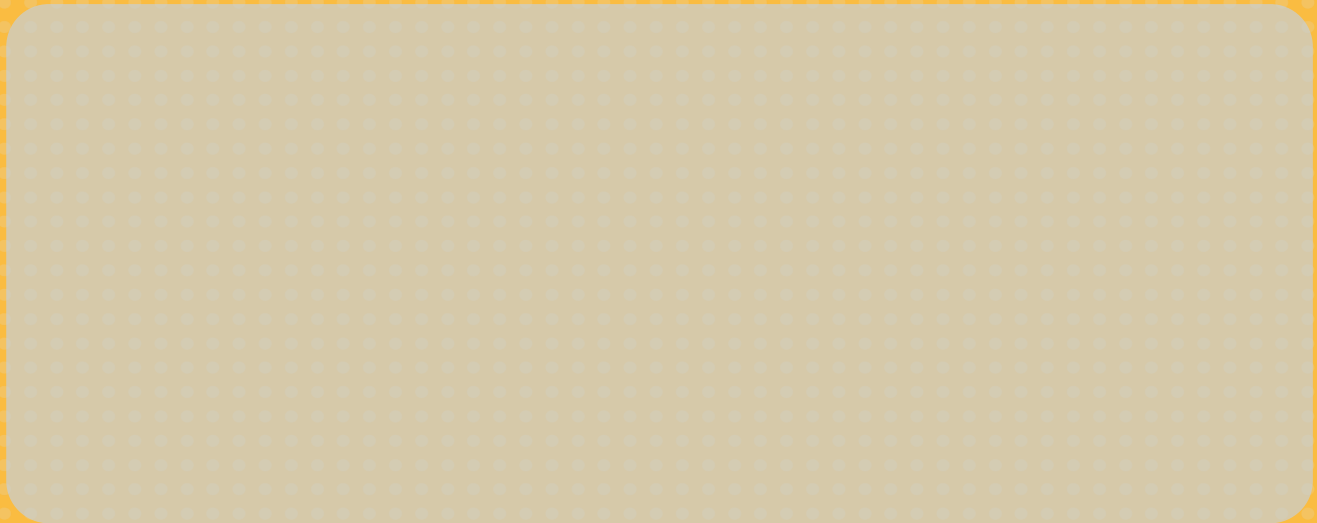


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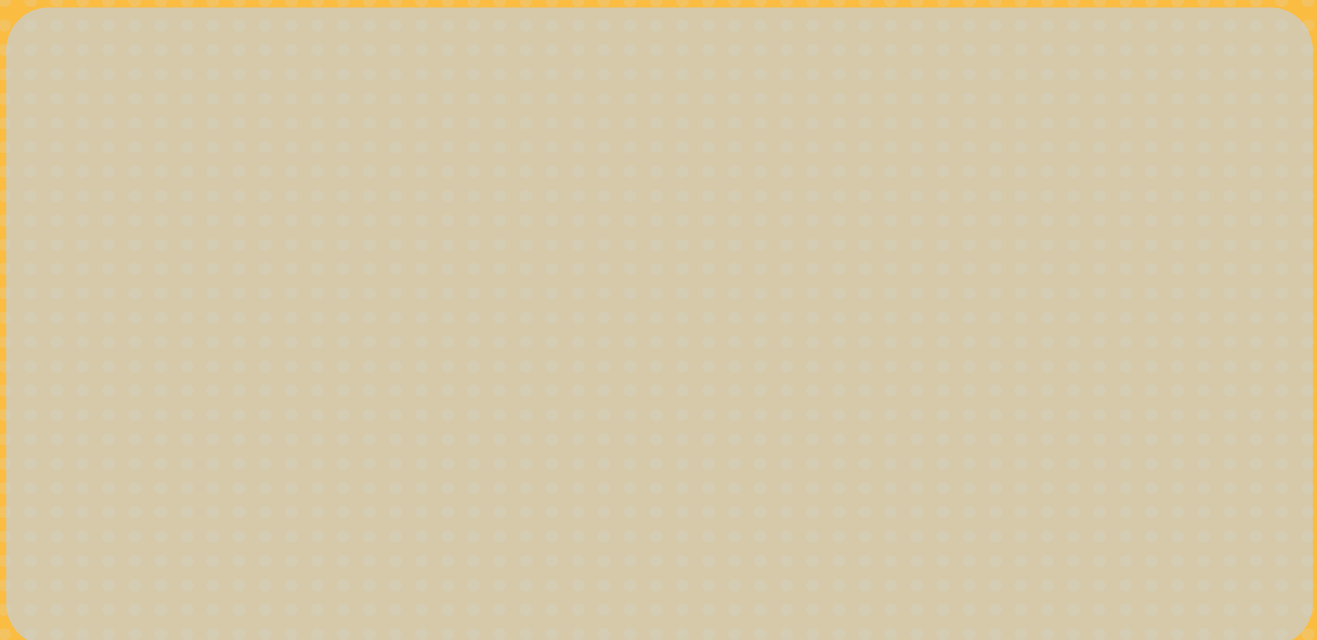


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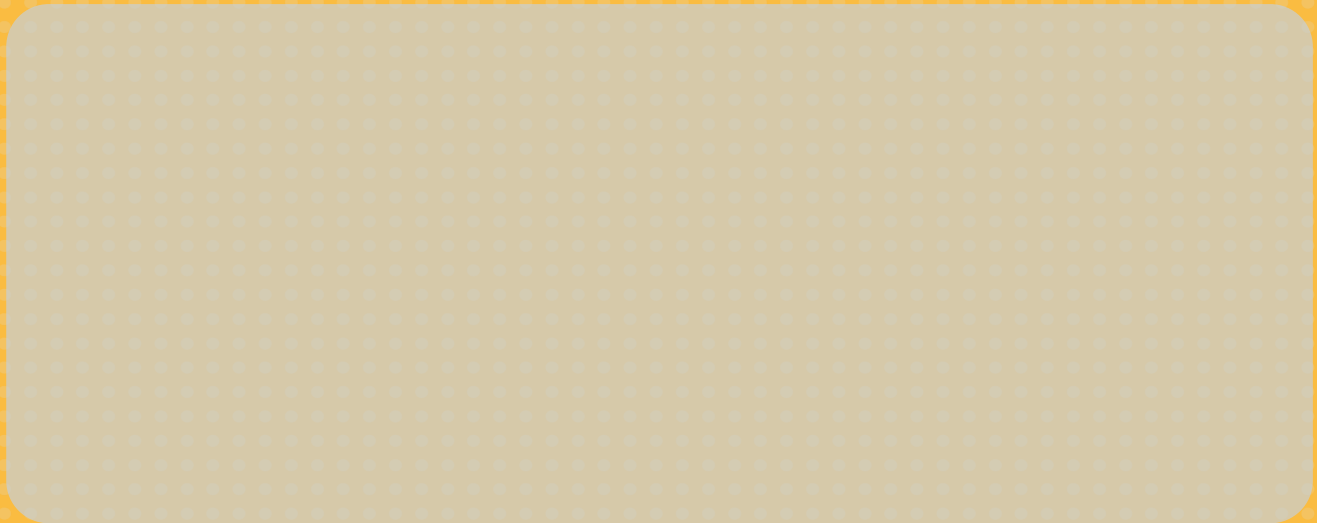


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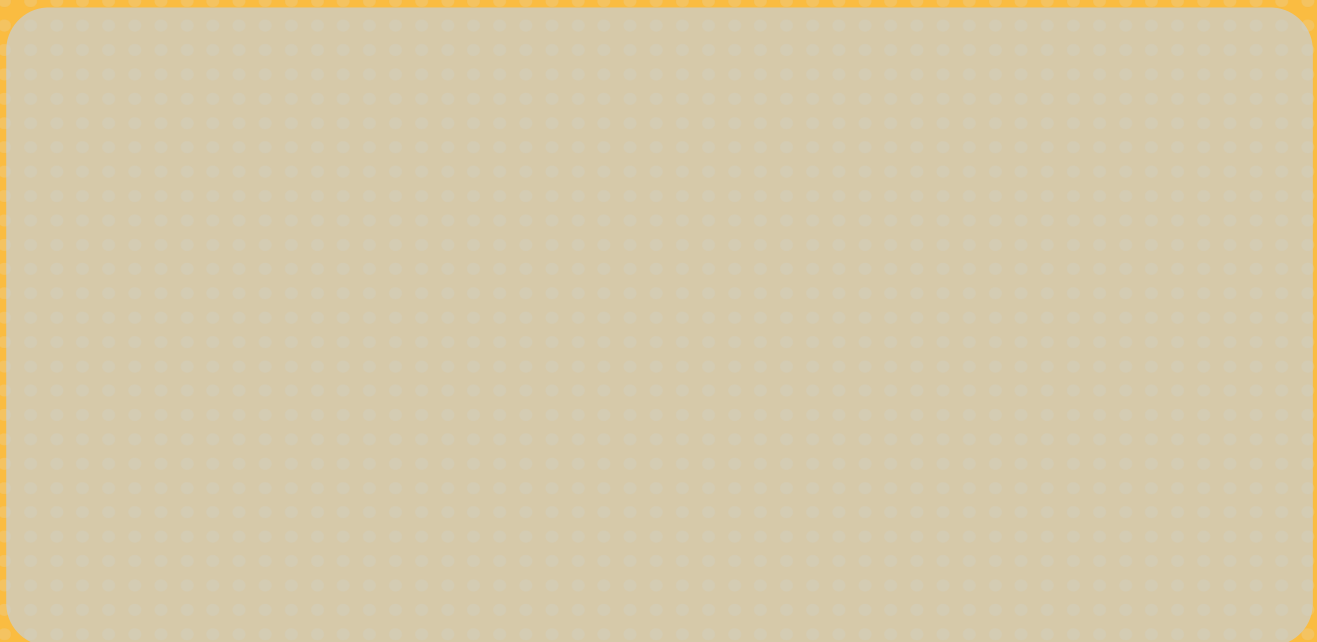


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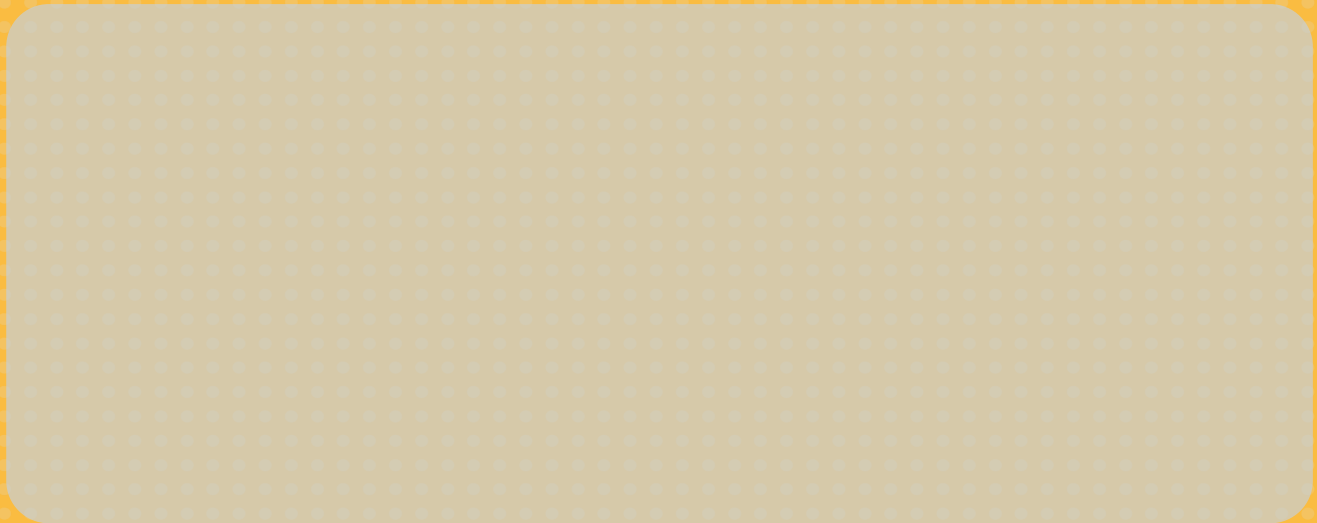


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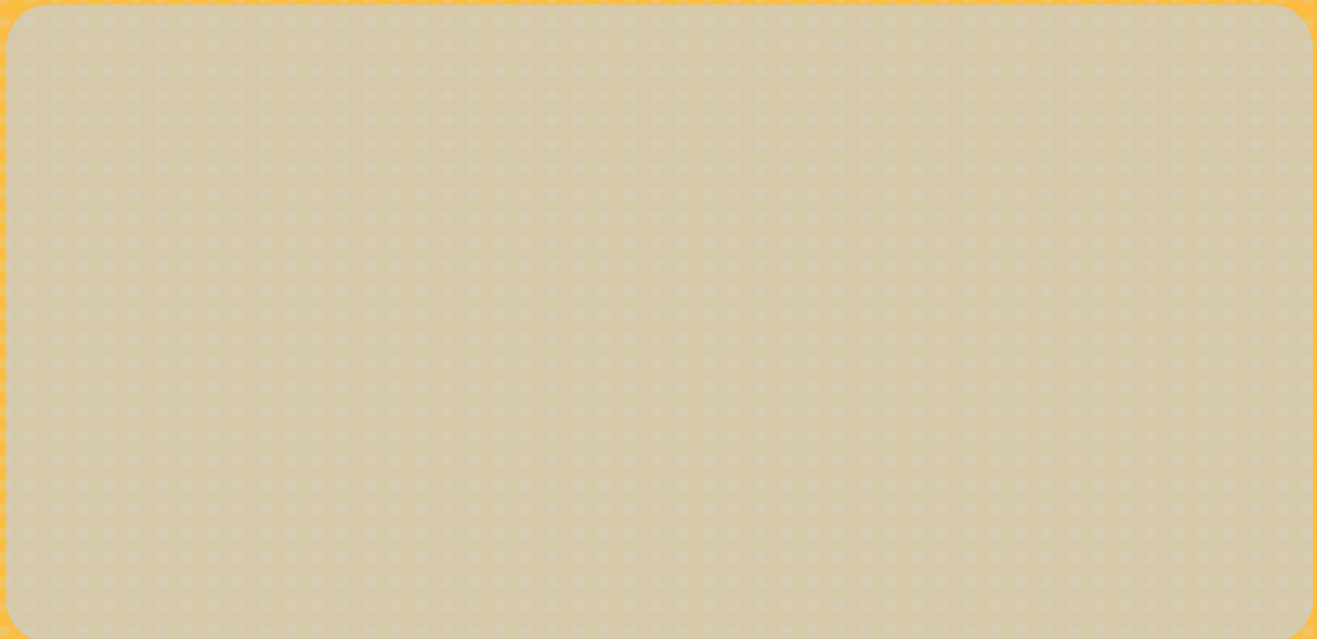


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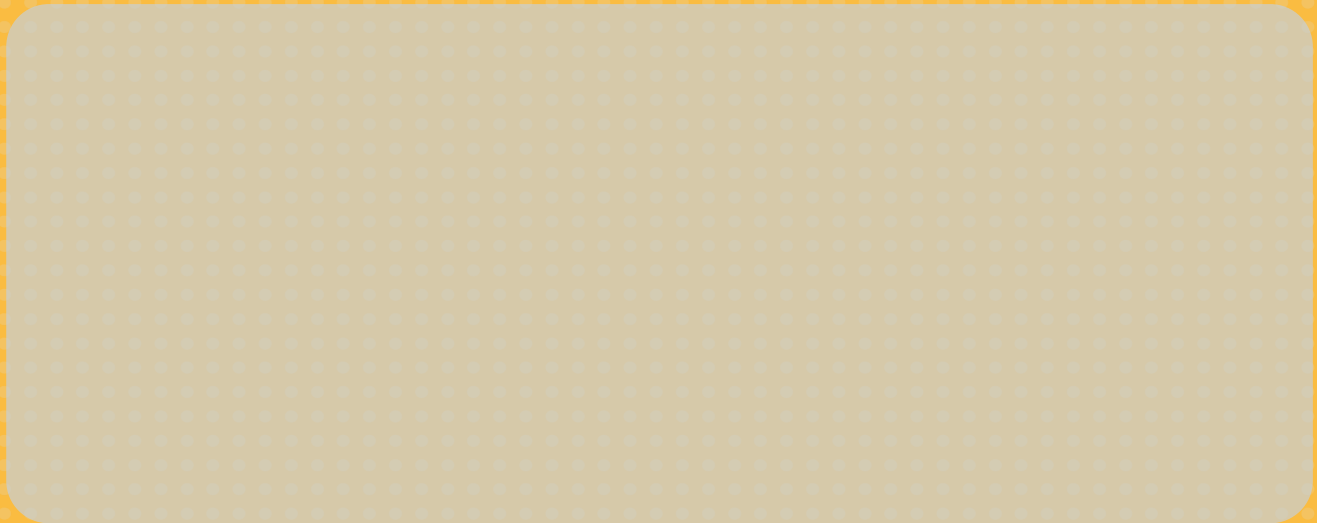


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